

If a squatting position is adopted, the Cap is easier to fix. To remove the Cap, adopt a similar position, inserting one finger under the rim, when the Cap will release (it is kept up by suction) and will easily come away. When this can be done, the handle may be cut off close to the rim, if liked, without injury to the Cap.

In the case of a bride, we would mention that no Cap can be worn at all, until 2 or 3 weeks after marriage. In the meantime, the husband should wear a good Sheath, until such time as the Cap can be inserted.

If desired, **Contraceptalene Jelly**, or the **"Bymeston"** Effervescing Tablets, may be used, instead of the **Chinosol greasy Solubles**.

When using **Contraceptalene**, smear the **Prorace Cap** with the preparation, inside and out, before insertion, especially round the rim.

The **"Bymeston"** Tablets should be used in the same manner as the **Prorace Solubles**.

PRORACE OUTFITS.

For the convenience of customers, we are now putting up the "Prorace" Cap Pessary, together with the "Prorace" Soluble Pessaries, and the Disinfecting Reservoir and Antiseptic Tablets as a complete outfit in a suitable box. Prices of complete outfits as follows:—

OUTFIT—containing

1 "Prorace" Cap Pessary; 1 Box "Prorace" Solubles;
1 Disinfecting Reservoir; 1 Bottle Antiseptic Tablets.
Price 8/6.

OUTFIT—containing

1 "Prorace" Cap Pessary; 3 Boxes "Prorace" Solubles;
1 Disinfecting Reservoir; 1 Bottle Antiseptic Tablets.
Price 12/-.

OUTFIT—containing

1 "Prorace" Cap Pessary (Extra Quality); 3 Boxes
"Rose" Scented "Prorace" Solubles; 1 Disinfecting
Reservoir, and 1 Bottle Antiseptic Tablets. **Price 15/6.**

ALL POST FREE

The **PRORACE' CAP PESSARY.**

(Registered.)

WHERE THE WOMB IS IN QUITE NORMAL CONDITION

Directions For Use.

Take the Cap out of disinfectant lotion, hold in right hand between thumb and finger, the two sides of the rim being compressed tightly together. Introduce into the front passage with the hollow surface upwards, keeping the rim pinched close; when it reaches the end of the passage, let it naturally expand under the neck of the womb, then press the rim part upwards.

It is most important to push the rim part of the Cap up as high as possible over the neck of the womb, in order to secure proper suction. The dome part of the Cap should be longer than the neck of the womb, and if this central part be pressed, the neck of the womb can be felt inside.

The Cap may be inserted any time during the day. After it is in, and *shortly* before actual union, insert one "Prorace" Soluble high up into the passage; this is important.

Keep Cap in position at least 24 hours, then take out and wash, and keep in boracic lotion until required again.

Do not keep the Cap on longer than two days.

When not in use, the pessary should be kept immersed in the special disinfecting reservoir which we have introduced for the purpose. The price of the DISINFECTING RESERVOIR is 1/6, and the "LAMBUTT" ANTISEPTIC TABLETS for dissolving in the reservoir are price 1/6 per bottle, postage two pence.

Important.

There are numerous kinds of pessaries now being sold; most of them are incorrectly designed, and the quality varies considerably. We especially wish to warn the public against the so-called "Seamless" or "Moulded" pessaries, which are for the most part manufactured in huge quantities abroad, with very little regard as to whether the design is correct.

Moulded rubber pessaries are the cheap and nasty kind.

The "PRORACE" Pessary is entirely hand made, and every one receives individual care in manufacture and examination. The seam or join, which may be seen across the soft dome, is actually the strongest part of the pessary, and if one of these pessaries be deliberately torn asunder, the seam or join will be the last portion to give way. This is an absolute fact.

THEREFORE INSIST upon having the "PRORACE" Pessary, and look for the Registered Trade Mark on lid of box, without which none are genuine.

Registered Trade Mark.

PRICE 3/- EACH.

POSTAGE 2d.

Made in four Sizes. Known as Sizes 0, 1, 2, 3, the smallest being Size 0, and the largest, Size 3.

"PRORACE" CHINOSOL SOLUBLES

2/6 Per box of 12. 3 boxes 6/-. Postage 2d.

Can be obtained from:—



THE 'PRORACE' CAP PESSARY

(Registered)

DIRECTIONS FOR USE.

Take the Cap out of disinfectant lotion, hold in right hand between thumb and finger, the two sides of the rim being compressed tightly together. Introduce into the front passage with the hollow surface upwards, keeping the rim pinched close; when it reaches the end of the passage, let it naturally expand under the neck of the womb, then press the rim part upwards.

It is most important to push the rim part of the Cap up as high as possible over the neck of the womb, in order to secure proper suction. The dome part of the Cap should be longer than the neck of the womb, and if this central part be pressed, the neck of the womb can be felt inside.

The Cap may be inserted any time during the day. After it is in and *shortly* before actual union, insert one "Prorace Soluble" high up into the passage; this is important.

Keep Cap in position at least 24 hours, then take out and wash, and keep in boracic lotion until required again. If a squatting position is adopted, the Cap is easier to fix. To remove the Cap, adopt a similar position, inserting one finger under the rim, when the Cap will release (it is kept up by suction) and will easily come away. When this can be done, the handle may be cut off close to the rim, if liked, without injury to the Cap.

In the case of a bride, we would mention that no Cap can be worn at all, until 2 or 3 weeks after marriage. In the meantime the husband should wear a good Sheath, until such time as the Cap can be inserted.

DO NOT KEEP THE CAP ON LONGER THAN TWO DAYS.

Important.

There are numerous kinds of pessaries now being sold; most of them are incorrectly designed, and the quality varies considerably. We especially wish to warn the public against the so-called "Seamless" or "Moulded" pessaries, which are for the most part manufactured in huge quantities abroad, with very little regard as to whether the design is correct.

MOULDED RUBBER PESSARIES ARE THE CHEAP & NASTY KIND.

The "PRORACE" Pessary is entirely hand made, and every one receives individual care in manufacture and examination. The seam or join which may be seen across the soft dome, is actually the strongest part of the pessary, and if one of these pessaries be deliberately torn asunder, the seam or join will be the last portion to give way. This is an absolute fact.

THEREFORE INSIST upon having the "PRORACE" Pessary, and look for the Registered Trade Mark on lid of box, without which none are genuine.

Registered Trade Mark.

It is most important to use the Prorace Chinosol Solubles in conjunction with the Prorace Rubber Caps, as this combined method was the one advocated by Dr. Marie Stopes.

